



2011 FSYFL FOOTBALL RULES EXAMINATION

In this examination, A – refers to the offensive team and B – refers to their opponents; the defensive team. K – refers to the kicking team and R – refers to the receiving team. A-1, B-1, K-1 and R-1 would be examples of players on these teams with their respective numbers. Please do not read into any question by making up scenarios or your own rules. Each section pertains to the 2010 edition of the National Federation of State High School Rulebook or the 2011 edition of the Florida Spring Youth Football League Rulebook. Please answer every question and refer to the respective rulebooks for clarification.

TRUE / FALSE NFHS RULES

Edited & Published On January 26, 2011

PLAYER EQUIPMENT

1. It is the head coaches responsibility to assure all of his players are legally equipped
2. A player may play with a dark tinted face shield provided he has a physicians note
3. Mouthpieces must be clear in color for all players
4. A cast can never be worn by any player regardless if it is padded

BLOCKING

5. The runner may be legally clipped
6. The runner cannot be tripped
7. It is a foul if a player initially uses his hand(s) to ward off a blocker above the shoulders
8. A horse collar tackle is illegal and results in a 15 yard penalty

DEAD BALL

9. A false start is a dead ball foul
10. Illegal motion is a dead ball foul
11. Illegal shift is a dead ball foul
12. Encroachment is a dead ball foul

LIVE BALL

13. Illegal substitution can be either a live or dead ball foul
14. Unsportsmanlike acts are administered as live ball fouls
15. Illegal batting of a ball is a live ball foul
16. Roughing the passer is a live ball foul

UNSPORTSMANLIKE ACTS

17. All unsportsmanlike fouls are administered from the spot of the foul
18. Two unsportsmanlike fouls against any coach or player results in immediate ejection from the game
19. Anytime a coach enters the field without permission from game officials is an unsportsmanlike offense
20. Any player that commits an unsportsmanlike act must be removed from the game for at least one down

AUTHORIZED CONFERENCES

21. During any charged time out, one (1) coach may choose to meet with his team on the field of play between the hash marks.
22. It is an illegal conference if a coach brings a player(s) to the sideline and confers with him
23. A coach may confer with his player(s) near the sideline during an official's time out
24. Coaches may not call consecutive time outs

FOULS

25. If B-1 tackles A-1 who is not the runner, it is a foul for defensive holding
26. If a false start by A causes a team B player to encroach, the only foul penalized is team A's false start
27. If a replaced player is trying to leave the field prior to the snap but is unable to, it is a live ball illegal substitution infraction
28. Illegal motion and illegal shifts are both live ball fouls

FOOTBALL FUNDAMENTALS

29. No new series of downs can ever start on a down other than first and 10
30. A ball handed off beyond the neutral zone is considered an illegal pass
31. The line to gain is the yardage needed for the offense to get a first down
32. There can never be interference of a forward pass if the ball does not cross the line of scrimmage

MULTIPLE CHOICE NFHS RULES

33. **FSYFL RULE:** A time-out may not exceed:
- 45 seconds
 - 30 seconds
 - 60 seconds
 - 75 seconds
34. Pass restrictions for Team A Begin:
- at the snap
 - when the pass is released
 - when the pass crosses the line
 - when either team touches the ball
35. A legal snap:
- must be in a backward motion and touched any A back
 - cannot be done prior to the referee ready for play signal
 - can be done by any team A player on his line of scrimmage
 - all of the above
 - none of the above
36. A fumble is:
- possession of any grounded loose ball
 - possession of any ball in flight
 - both A & B
 - neither A or B
37. Passing
- A passer is a player that throws a forward or backward pass
 - If an illegal forward pass touches the ground, it is dead
 - If a B player beyond the line touches a forward pass, all A Players become eligible to catch it
 - All above are true
 - All above are false
 - A & B are true
 - B & C are true
38. Position of team A players at the Snap
- the only player that may break the plane of the natural zone is the snapper
 - all players lined up with at least their head breaking the waist line of the snapper are legally on the line
 - both A & B are true
 - only A is true
 - only B is true



TRUE / FALSE FSYFL RULES

PLEASE REVIEW LATEST EDITION OF RULES. CHANGES HAVE BEEN MADE

39. Blocking below the waist is prohibited at all times anywhere on the field during any down
40. When a safety is scored, the ball shall be placed at the 30-yard line
41. The mercy point rule in the FSYFL is 24 points
42. With less than five (5) minutes remaining in a game, the winning team shall not pass the ball
43. No defensive player may line up directly over the center during any down
44. If a team ahead by 24 or more points with less than five (5) minutes in the game and throws the ball, the result is a 15 yard unsportsmanlike foul charged to the head coach.
45. The defense shall always have a minimum of two (2) and a maximum of five (5) players lined up on their line
46. Any defensive lineman that is NOT in a three or four point stance at the snap will be penalized five (5) yards (*live ball foul*)
47. The offensive team is given 30 seconds in which to snap the ball following the referee's ready for play signal
48. A team must start the game with eight (8) players but may continue after the start of the game with fewer players
49. A team is given fifteen (15) minutes from the scheduled game time to field the minimum number of players to start
50. Each game is played with two twenty two (22) minute halves and a ten (10) minute half time
51. A regulation clock with NFHS stoppages shall be used in the last two minutes of each game.
52. Each team shall be afforded three (3) sixty-second time outs per half
53. The playing field is a total of one hundred yards in length (including end zones) and a width of forty yards
54. In the FSYFL, the designated visiting team shall call the coin toss in by the referee
55. All offensive and defensive linemen must be in a three or four point stance prior to the snap of the ball. Linemen are described as any player WITHIN four yards left or right of the football or (for defensive players only) WITHIN two yards behind the football.
56. Each team may have one coach on the field during a down provided they are a minimum of 15 yards from the line at all times

2011 FSYFL Rules Examination Answer Sheet

1			29	
2			30	
3			31	
4			32	
5			33	
6			34	
7			35	
8			36	
9			37	
10			38	
11			39	
12			40	
13			41	
14			42	
15			43	
15			44	
17			45	
18			46	
19			47	
20			48	
21			49	
22			50	
23			51	
24			52	
25			53	
26			54	
27			55	
28			56	

INSTRUCTIONS: Fill in each box with the corresponding rule question. Questions 1-32 and 39-56 are true / false. Only list in those boxes the answers you believe are true. There can only be one correct answer for each multiple-choice question given on your test sheet. Use a number 2 pencil. If you have any difficulty with a question, leave it blank and come back to it . Use the 2010 edition of the NFHS rulebook and the 2011 edition of the FSYFL rules for reference. Share this test with your fellow coaches, team parents, administrators and supporters. This examination is issued to help you better comprehend the rules and not confuse them with NCAA and NFL differences. If you have any questions, please e-mail them to info@sicoaofficials.com and we will promptly reply. Good luck and have fun. Answers will be posted on the FSYFL site in the near future.